

Termòmetre emocional

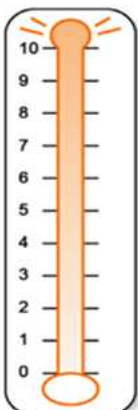
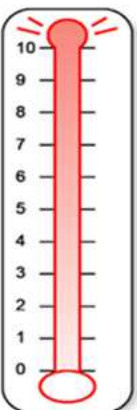
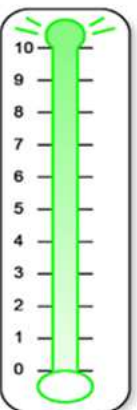
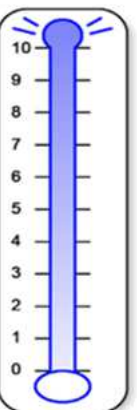
Si us plau marqui el número (0-10) que millor defineixi la intensitat emocional que ha experimentat durant la setmana, inclòs el dia d'avui.

Setmana 1

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

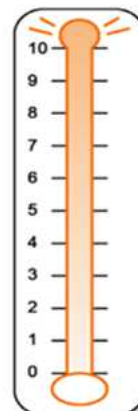
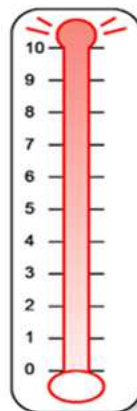
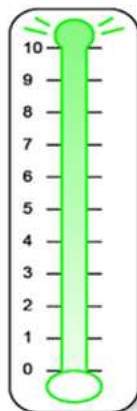
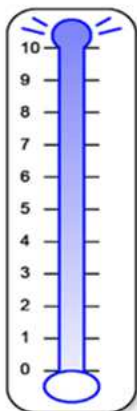
Res

Setmana 2

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

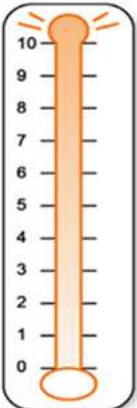
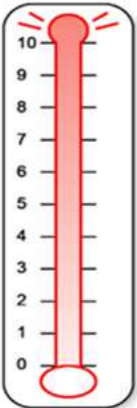
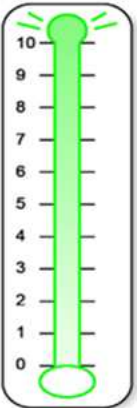
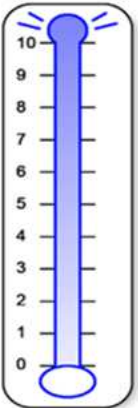
Res

Setmana 3

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				
				

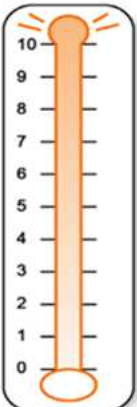
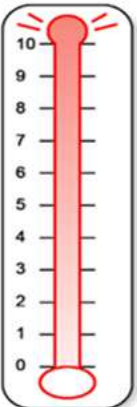
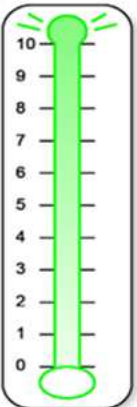
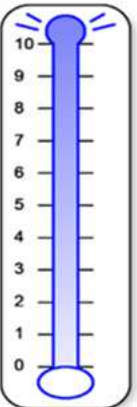
Res

Setmana 4

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				
				

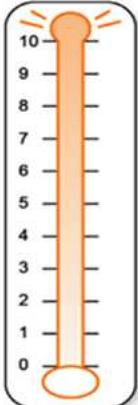
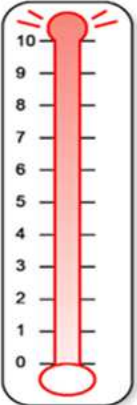
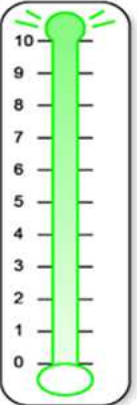
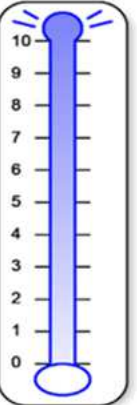
Res

Setmana 5

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

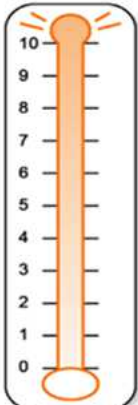
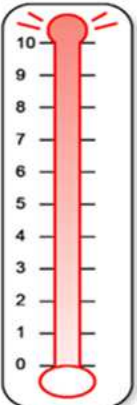
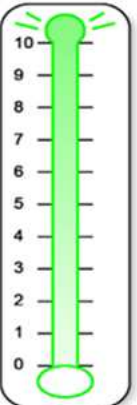
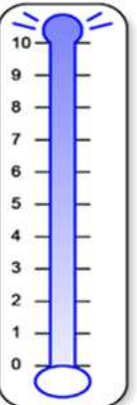
Res

Setmana 6

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

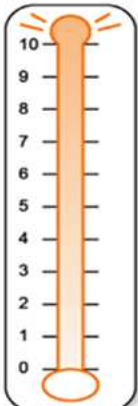
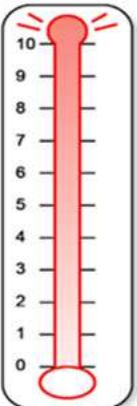
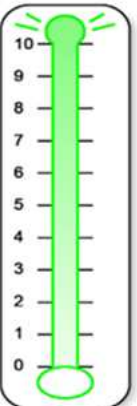
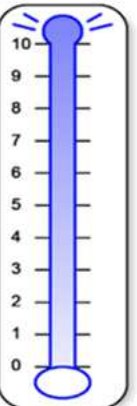
Res

Setmana 7

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

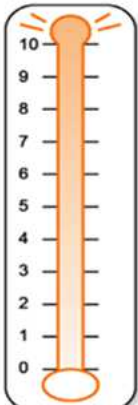
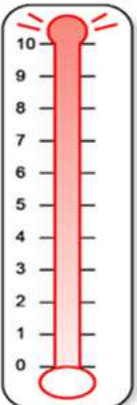
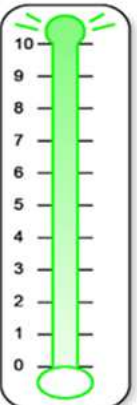
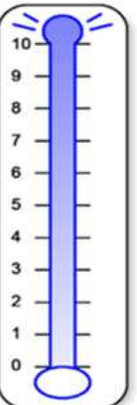
Res

Setmana 8

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

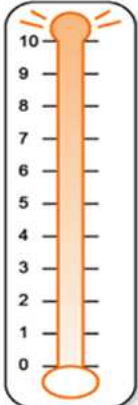
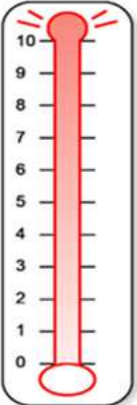
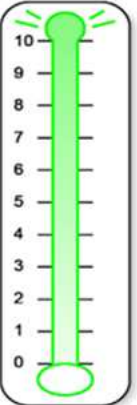
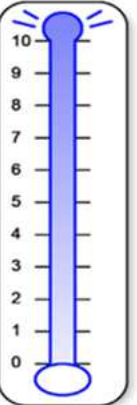
Res

Setmana 9

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

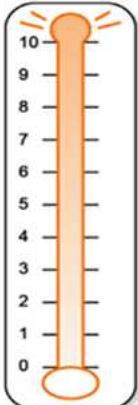
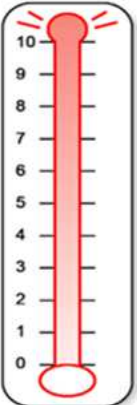
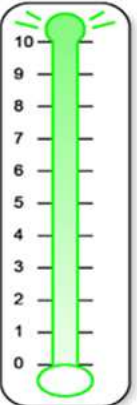
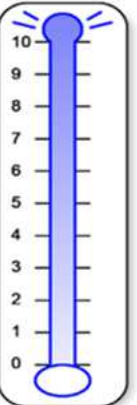
Res

Setmana 10

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

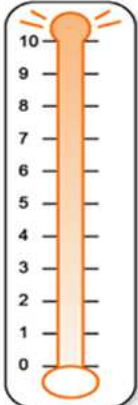
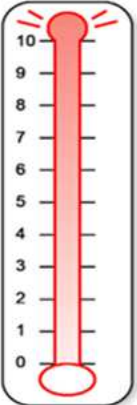
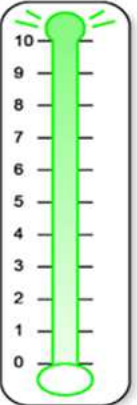
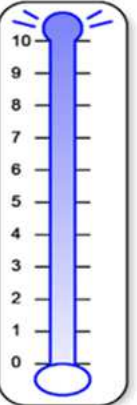
Res

Setmana 11

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

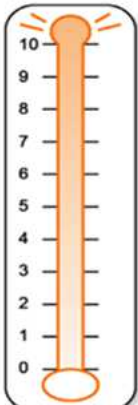
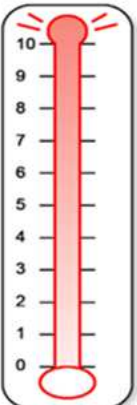
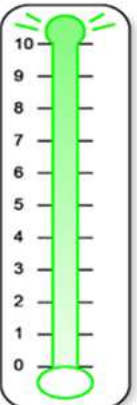
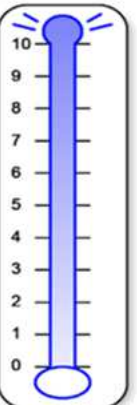
Res

Setmana 12

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

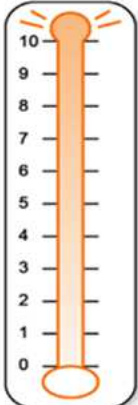
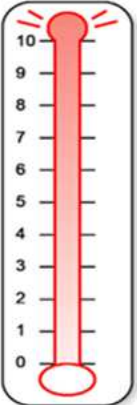
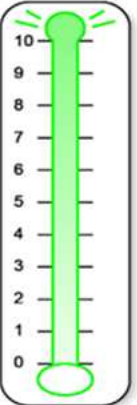
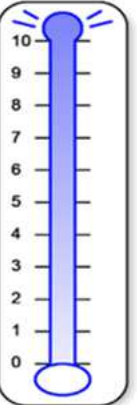
Res

Setmana 13

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

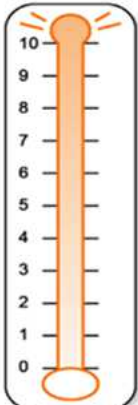
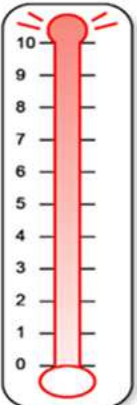
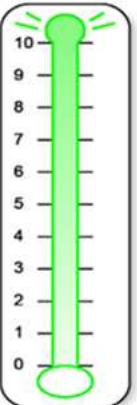
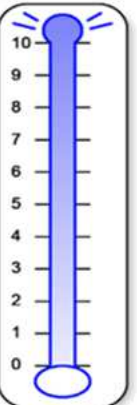
Res

Setmana 14

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

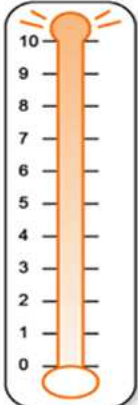
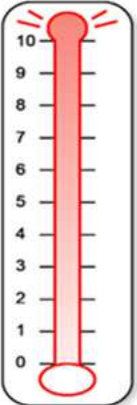
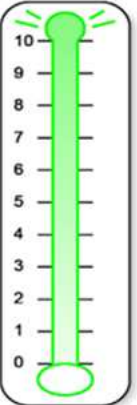
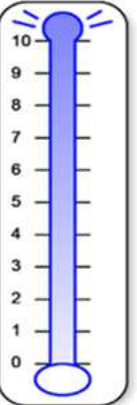
Res

Setmana 15

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

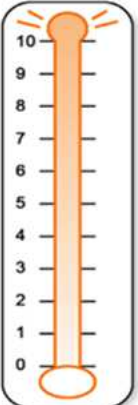
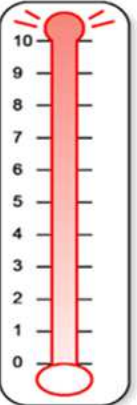
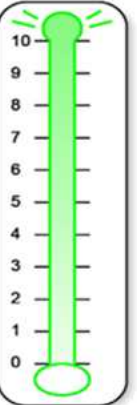
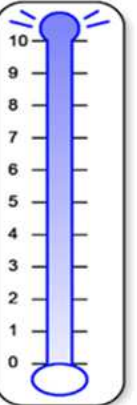
Res

Setmana 16

Com m'he sentit durant la setmana?

Data:

Hora:

	Alegre	Enfadat/da	Espantat/da	Trist/trista
Totalment				

Res